



Trustees' Annual Report for the period

Period start date		Period end date		
From	01	01	2019	To 31
				12
				2019

Section A Reference and administration details

Charity name

Remembering Not to Forget

Other names charity is known by

RNF

Registered charity number (if any)

1166415

8 Bramble Drive

Bridport

Postcode

DT6 4SN

Names of the charity trustees who manage the charity

	Trustee name	Office (if any)	Dates acted if not for whole year	Name of person (or body) entitled to appoint trustee (if any)
1	Laura Lombard (née Corrick)	Chair		
2	Matthew Corrick			
3	Kathryn Simpson			
4	Alison Turnbull	Secretary		
5	Helen Wright (née Turnbull)			
6	Georgina McMasters			
7	Helen Commandeur	Treasurer	Appointed 25/08/19	

Names of the trustees for the charity, if any, (for example, any custodian trustees)

Name	Dates acted if not for whole year



Section A

Independent Examiner's Report

**Report to the trustees/
members of**

Remembering Not to Forget

**On accounts for the year
ended**

31 December 2019

**Charity no
(if any)**

1166415

Set out on pages

3-9

I report to the trustees on my examination of the accounts of the above charity ("the Trust") for the year ended 31/12/2019.

**Responsibilities and
basis of report**

As the charity trustees of the Trust, you are responsible for the preparation of the accounts in accordance with the requirements of the Charities Act 2011 ("the Act").

I report in respect of my examination of the Trust's accounts carried out under section 145 of the 2011 Act and in carrying out my examination, I have followed the applicable Directions given by the Charity Commission under section 145(5)(b) of the Act.

**Independent
examiner's statement**

I have completed my examination. I confirm that no material matters have come to my attention in connection with the examination which gives me cause to believe that in, any material respect:

- accounting records were not kept in accordance with section 130 of the Act or
- the accounts do not accord with the accounting records

I have no concerns and have come across no other matters in connection with the examination to which attention should be drawn in order to enable a proper understanding of the accounts to be reached.

Signed:

Date: 2 October 2020

Name:

Mr D P Stone ACA

**Relevant professional
qualification(s) or body
(if any):**

ICAEW ACA

Address:

2 Hangers Way, Dunster, Minehead, TA24 6RT

Section B Structure, governance and management

Description of the charity's trusts

Type of governing document (eg. trust deed, constitution)	Constitution
How the charity is constituted (eg. trust, association, company)	Association
Trustee selection methods (eg. appointed by, elected by)	Elected by the members

Section C Objectives and activities

Summary of the objects of the charity set out in its governing document

The charitable objects of Remembering Not to Forget are:

1. To relieve the needs and promote and protect the good health of people living with dementia, their carers and families in such ways as the trustees may think fit.
2. To protect and promote the health of the public in particular by the funding of research into the nature, causes, diagnosis, prevention, treatment and care of all forms of dementia.

Trustees have had regard to the guidance issued by the Charity Commission on public benefit and remain satisfied that the purposes of the charity, and the way they have been undertaken, deliver public benefit.

Summary of the main activities undertaken for the public benefit in relation to these objects (include within this section the statutory declaration that trustees have had regard to the guidance issued by the Charity Commission on public benefit)

2019 was another quiet year for Remembering Not to Forget, following the scaled down fundraising noted for 2018. This was due to family circumstances of the trustees, and in particular the illness and subsequent death of the father of two of the trustees, Simon Turnbull, in October 2019. This followed very soon after the death of the mother of the same two trustees in 2017, and a natural pause in the activity of the charity followed.

Fundraising events during the year:

- We were selected to receive the proceeds of the charity performance of a brass band concert in Bridport (£1,000).
- A pupil at The King's School, Chester organised a cake sale with the income going to Remembering Not to Forget (£176).

We also received £400 across the year from our regular supporters, to whom we are most grateful.

Additional details of objectives and activities (Optional information)

You **may choose** to include further statements, where relevant, about:

- policy on grantmaking;
- policy programme related investment;
- contribution made by volunteers.

Grants are made to organisations for activities in line with our charitable objects, outlined above. Grants reflect priority areas for the organisation such as supporting younger people living with dementia and research. Further information about our grant making can be found on our website.

The trustees would like to extend their thanks to everyone who has provided support to Remembering Not to Forget over the past year. This includes Dan Stone Accountancy for performing the independent examination of these accounts pro bono.

Summary of the main achievements of the charity during the year

During the period of these accounts, Remembering Not to Forget raised £1,726.

We are grateful to our regular givers and other ad-hoc donors through the year.

In 2019, trustees approved grants totalling £12,500 to the following organisations in the listed proportions:

Playlist for Life: £4,000

Playlist for Life supports people with dementia, their families and carers to use personally meaningful music to make life easier and happier. Research shows that such music can help to manage mood and emotions, promote well-being, prompt memories and abilities thought lost, and reconnect and strengthen relationships. Using music that is personal to the individual, the intervention can be scheduled and tailored to be used as when they need it. Its person-centred approach enables a strong connection between the person and the caregiver.

We have supported Playlist for Life on two previous occasions, and chose to support them again having witnessed the incredibly positive impact music can have for someone living with dementia. Our donation was used to establish at least 18 Community Help Points in the south west of England to provide information and a helping hand to people who get stuck making or using their playlist, sharing the power of personal music and incorporating it into their existing services. The funds were also used to provide free training for up to 2 people each from 18 – 25 local community organisations in the south west to support this process.

BRACE: £2,000

BRACE supports dementia research at universities in South West England and South Wales, aiming to help medical science understand the causes of dementia, find ways of diagnosing it earlier and more accurately, and develop more effective treatments. Ultimately, they want to help science beat dementia.

We have supported BRACE in every round of grants since we began. Funding research has always been a priority for us, and we have been impressed by the rigour of BRACE's approach. This grant was used to support a dementia specialist nurse offering patients vital support and advice, the chance to ask questions and address concerns as well as the opportunity to participate in important clinical dementia research.

Dementia Dog project with Alzheimer Scotland/ Dogs for Good: £2,000

The Dementia Dog Project is a charitable collaboration between Alzheimer Scotland and Dogs for Good, bringing together leading dementia support services with the provision of specially trained assistance dogs. The project aims to explore and measure a variety of ways that dogs can be trained to empower people with dementia to live as independently and confidently in their community for as long as possible, with a good quality of life.

We supported this project with a donation in 2018, to support the advanced stages of training of their second Dementia Community Dog. The funds donated in 2019 were used to meeting the continuing the training costs for these two community dogs: Georgie (based in SW

England) and Quill (based in Scotland). Training for the dogs is tailored around the individuals they support; e.g. additional training is required for an individual living with visual impairment alongside a dementia diagnosis. Our donation was also used to meet the costs associated with keeping both dogs fit and healthy (e.g. food, vet, insurance) to enable them to help people living with a diagnosis of dementia.

You can read more about how dogs can help people to overcome specific challenges and enrich lives and communities on the Dogs for Good website: <https://www.dogsforgood.org/how-we-help/>.

Rare Dementia Support (via the National Brain Appeal): £2,000

The National Brain Appeal supports the Rare Dementia Support Service organised by University College London's Dementia Research Centre at the National Hospital for Neurology & Neurosurgery in London. It runs specialist support group services for individuals living with, or affected by, a rare dementia diagnosis. 20% of people living with dementia have a rare or atypical form which does not fit society's perceptions of dementia, frequently affecting skills such as reading, speaking or empathising with others. Rare dementias are also often 'young onset' conditions with symptoms emerging in their 30s to 50s.

RDS' vision is for everyone with, at risk of, or supporting someone with a rare dementia, to have access to information, tailored support and guidance alongside contact with others affected by similar conditions. There are 15 meetings held in London every year, as well as 26 regional support groups; over 3,000 people receive information from the service and approximately 1,000 people attend meetings. Our grant was used to establish a new support group in the South West to expand the reach of these vital services.

Thrive: £1,500

Thrive use gardening to bring about positive changes in the lives of people whose lives have been touched by disability, providing programmes of social and therapeutic horticulture directly and offering training and consultancy to other health, social care and educational organisations. In 2008, Thrive carried out a study into the benefits of horticultural therapy for people with young onset dementia, and they also run training and projects to promote gardening activities for people living with dementia, their families and carers.

Our funding was used to deliver a 2-day specialist training course in using gardens and gardening to support people with dementia. As well as conveying new knowledge and skills to the participants, the training provided a framework to enable people with dementia to have greater advocacy and choice in relation to the outdoors and nature-based activities. In addition, we hope that it will impact the culture of care within each of the participants' settings with outdoor space being better utilised and made increasingly 'dementia-friendly' over time. We funded the same training programme with funds raised in 2016 and were so impressed with the impact of the project that we asked them to run it again.

Wivey Cares: £1,000

Wivey Cares is a small charity established to link people in Wiveliscombe, Somerset who want support to volunteers and local self-employed people (Micro-Providers) who offer a range of services, such as personal care, companionship, support in the Home, help with paperwork and generic advocacy.

Our donation was used to support the establishing of a twice monthly Memory Café to support people living with memory problems and their carers in the local area. Memory Cafés enable people with memory problems and their carers to spend time with others in a similar situation in a relaxed social setting. They provide an opportunity to share information and experiences, reminisce and join in with activities which can help prevent boredom, aid relaxation and promote wellbeing. Memory Cafés can also provide much needed respite for carers. Prior to setting up the Wiveliscombe Memory Café, the closest Memory Café was in Taunton (approximately 10 miles away), presenting transport and logistical difficulties for local people living with dementia.

Section E

Financial review

Brief statement of the charity's policy on reserves

The charity has no fixed overheads or running costs. All income is granted on to other organisations and everyone involved gives their time for free. Therefore, the trustees do not feel it is necessary to hold reserves. This will be kept under review as the charity develops.

Details of any funds materially in deficit

None

Further financial review details (Optional information)

You may choose to include additional information, where relevant about:

- the charity's principal sources of funds (including any fundraising);
- how expenditure has supported the key objectives of the charity;
- investment policy and objectives including any ethical investment policy adopted.

Expenditure has supported the charitable objectives of the charity through grants to organisations operating at a national and local (Somerset and the South West) level which raise awareness of dementia and its effects, support people impacted by dementia (patients, families and carers) and carry out research.

Section F

Other optional information



We are fortunate that our 2020 fundraising plans have not been significantly impacted by the coronavirus pandemic and we do not have any paid staff or overheads to cover. We are in regular contact with our current grantees and have initially extended grant periods from one year to two for all open grants to allow for delays to activities.

Section G

Declaration

The trustees declare that they have approved the trustees' report above.

Signed on behalf of the charity's trustees

Signature(s)	A Turnbull 	H Commandeur 
Full name(s)	Alison Turnbull	Helen Commandeur
Position (eg Secretary, Chair, etc)	Secretary	Treasurer
Date	26/10/20.	



CHARITY COMMISSION
FOR ENGLAND AND WALES

Remembering Not To Forget

1166415

Receipts and payments accounts

CC16a

For the period
from

01/01/2019

To

31/12/2019

Section A Receipts and payments

	Unrestricted funds	Restricted funds	Endowment funds	Total funds	Last year
	to the nearest £	to the nearest £	to the nearest £	to the nearest £	to the nearest £
A1 Receipts					
Donations including Gift Aid	1,726	-	-	1,726	8,171
	-	-	-	-	-
	-	-	-	-	-
	-	-	-	-	-
	-	-	-	-	-
	-	-	-	-	-
	-	-	-	-	-
Sub total (Gross income for AR)	1,726	-	-	1,726	8,171
A2 Asset and investment sales, (see table).					
	-	-	-	-	-
	-	-	-	-	-
Sub total	-	-	-	-	-
Total receipts	1,726	-	-	1,726	8,171
A3 Payments					
Grants and donations paid	12,500	-	-	12,500	22,500
Virgin Giving and MyDonate fees	-	-	-	-	92
Fundraising costs	-	-	-	-	280
	-	-	-	-	-
	-	-	-	-	-
	-	-	-	-	-
	-	-	-	-	-
	-	-	-	-	-
	-	-	-	-	-
Sub total	12,500	-	-	12,500	22,872
A4 Asset and investment purchases, (see table)					
	-	-	-	-	-
	-	-	-	-	-
Sub total	-	-	-	-	-
Total payments	12,500	-	-	12,500	22,872
Net of receipts/(payments)	- 10,774	-	-	- 10,774	- 14,701
A5 Transfers between funds	-	-	-	-	-
A6 Cash funds last year end	12,160	-	-	12,160	26,861
Cash funds this year end	1,386	-	-	1,386	12,160

Section B Statement of assets and liabilities at the end of the period

Categories	Details	Unrestricted funds to nearest £	Restricted funds to nearest £	Endowment funds to nearest £
B1 Cash funds	Bank	1,386	-	-
		-	-	-
		-	-	-
	Total cash funds	1,386	-	-
	(agree balances with receipts and payments account(s))	OK	OK	OK
		Unrestricted funds to nearest £	Restricted funds to nearest £	Endowment funds to nearest £
B2 Other monetary assets	Details	-	-	-
		-	-	-
		-	-	-
		-	-	-
		-	-	-
		-	-	-
		-	-	-
B3 Investment assets	Details	Fund to which asset belongs	Cost (optional)	Current value (optional)
			-	-
			-	-
			-	-
			-	-
			-	-
B4 Assets retained for the charity's own use	Details	Fund to which asset belongs	Cost (optional)	Current value (optional)
			-	-
			-	-
			-	-
			-	-
			-	-
			-	-
			-	-
			-	-
			-	-
B5 Liabilities	Details	Fund to which liability relates	Amount due (optional)	When due (optional)
			-	
			-	
			-	
			-	
			-	
Signed by one or two trustees on behalf of all the trustees	Signature	Print Name	Date of approval	
	<i>Alison Turnbull</i>	Alison Turnbull	26/10/2020	
	<i>Helen Commandeur</i>	Helen Commandeur	26/10/2020	