



Trustees' Annual Report for the period

		Period start date			Period end date		
From	01	01	2018	To	31	12	2018

Section A Reference and administration details

Charity name

Remembering Not to Forget

Other names charity is known by

RNF

Registered charity number (if any)

1166415

8 Bramble Drive

Bridport

Postcode DT6 4SN

Names of the charity trustees who manage the charity

	Trustee name	Office (if any)	Dates acted if not for whole year	Name of person (or body) entitled to appoint trustee (if any)
1	Laura Lombard (née Corrick)	Chair		
2	Matthew Corrick			
3	Kathryn Simpson			
4	Alison Turnbull	Secretary		
5	Helen Wright (née Turnbull)	Treasurer		
6	Georgina McMasters		Appointed 26/08/18	
7	Helen Commandeur		Appointed 25/08/19	

Names of the trustees for the charity, if any, (for example, any custodian trustees)

Name	Dates acted if not for whole year



Section A

Independent Examiner's Report

Report to the trustees/ members of	Remembering Not to Forget		
On accounts for the year ended	31 December 2018	Charity no (if any)	1166415
Set out on pages	3-11		

I report to the trustees on my examination of the accounts of the above charity ("the Trust") for the year ended 31/12/2018.

**Responsibilities and
 basis of report**

As the charity trustees of the Trust, you are responsible for the preparation of the accounts in accordance with the requirements of the Charities Act 2011 ("the Act").

I report in respect of my examination of the Trust's accounts carried out under section 145 of the 2011 Act and in carrying out my examination, I have followed the applicable Directions given by the Charity Commission under section 145(5)(b) of the Act.

**Independent
 examiner's statement**

I have completed my examination. I confirm that no material matters have come to my attention in connection with the examination which gives me cause to believe that in, any material respect:

- accounting records were not kept in accordance with section 130 of the Act or
- the accounts do not accord with the accounting records

I have no concerns and have come across no other matters in connection with the examination to which attention should be drawn in order to enable a proper understanding of the accounts to be reached.

Signed:		Date:	10 October 2019
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Name: Mr D P Stone ACA

**Relevant professional
 qualification(s) or body
 (if any):** ICAEW ACA

Address: 2 Hangers Way, Dunster, Minehead, TA24 6RT

Section B Structure, governance and management

Description of the charity's trusts

Type of governing document (eg. trust deed, constitution)	Constitution
How the charity is constituted (eg. trust, association, company)	Association
Trustee selection methods (eg. appointed by, elected by)	Elected by the members

Section C Objectives and activities

Summary of the objects of the charity set out in its governing document

The charitable objects of Remembering Not to are:

1. To relieve the needs and promote and protect the good health of people living with dementia, their carers and families in such ways as the trustees may think fit.
2. To protect and promote the health of the public in particular by the funding of research into the nature, causes, diagnosis, prevention, treatment and care of all forms of dementia.

Trustees have had regard to the guidance issued by the Charity Commission on public benefit and remain satisfied that the purposes of the charity, and the way they have been undertaken, deliver public benefit.

Summary of the main activities undertaken for the public benefit in relation to these objects (include within this section the statutory declaration that trustees have had regard to the guidance issued by the Charity Commission on public benefit)

Fundraising in 2018 was intentionally scaled down, both to give our supporter base a break after an intensive year of fundraising in 2017 and as the mother of two of the trustees, Bridget Turnbull, died in September 2017. Bridget was part of the inspiration of setting up the charity, having been diagnosed with early onset Alzheimer's in 2006. The charity continues to operate in her memory but there was a natural pause in activity in the months following her death.

The main fundraising activity was a raffle drawn on 07/10/18, with £1 tickets being sold from May. Over 100 prizes were donated from a range of different companies and nearly 3,000 tickets were sold to supporters across the country. The license for the raffle was granted by Somerset County Council, this cost (£40) was included in the 2017 accounts. The cost of printing tickets (£30) was generously covered by one of the trustees. A cash prize of £250 was donated by one of the trustees.

We were also able to secure a place in the London Marathon through the Charity Ballot Bond scheme. The place was advertised on social media and a draw held to select the recipient, Amanda Sears, who had previously not had any involvement with the charity. The cost of the place (£396) was generously covered by a donation from one of the trustees so that all sponsorship could be directed to organisations which we support. This cost and donation was recorded in the 2017 accounts as payment was required by the end of 2017, although the event itself took place in 2018.

Other fundraising events held during the year:

- We were selected as the charity of the week for the Guilty Feminist podcast (<https://guiltyfeminist.com/>) Episode 95 and held a collection at the end of the recording. We also received a number of donations online after the episode was aired.
- We were chosen to receive donations from a non-uniform day at Thomas Buxton Primary School, London.
- A pupil at The King's School, Chester organised a cake sale with the income going to Remembering Not to Forget.

Additional details of objectives and activities (Optional information)

You **may choose** to include further statements, where relevant, about:

- policy on grantmaking;
- policy programme related investment;
- contribution made by volunteers.

Grants are made to organisations for activities in line with our charitable objects, outlined above. Grants reflect priority areas for the organisation such as supporting younger people living with dementia and research. Further information about our grant making can be found on our website.

The trustees would like to extend their thanks to everyone who donation prizes for the raffle, who sold or bought tickets for the raffle, or supported us in another way. This includes Dan Stone Accountancy for performing the independent examination of these accounts pro bono.

Summary of the main achievements of the charity during the year

During the period of these accounts, Remembering Not to Forget raised £8,171.

January

- Donations from funeral of Bridget Turnbull (held in 2017) £412

April

- Guilty Feminist podcast collection and subsequent online donations £352
- London Marathon Charity Ballot place runner Amanda Sears £3,068
- Thomas Buxton Primary School non-uniform day collection £139

May – October

- Raffle (tickets sold for 6 months prior to the draw on 07/10/19) £3,167

October

- Cake sale at The Kings School, Chester £54

We are grateful to our regular givers and other ad hoc donors through the year.

After the success of 2017 fundraising trustees had the largest pot of funding to distribute so far in 2018. Trustees agreed to award a few grants of higher value than in previous years so as to maximise the impact of these grants.

In 2018, trustees approved grants totalling £22,500 to the following organisations in the listed proportions:

BRACE: £12,500

BRACE supports dementia research at universities in South West England and South Wales, aiming to help medical science understand the causes of dementia, find ways of diagnosing it earlier and more accurately, and develop more effective treatments. Ultimately, they want to help science beat dementia.

We have supported BRACE in every round of grants since we began. Funding research has always been a priority for us, and we have been impressed by the rigour of BRACE's approach. This grant was used to support a pilot project to develop a diagnostic tool that could be used in GP surgeries to detect early changes in brain function.

Arts 4 Dementia: £3,500

Arts4Dementia work with arts organisations to deliver challenging, person-centred arts workshop programmes for people with early stage dementia and their carers. They also train arts facilitators from across the UK to enable them to deliver many more such workshops, alongside spreading awareness of dementia friendly events and arts and heritage sites. In addition, they campaign for direction towards arts from the point of diagnosis, raising awareness of arts engagement as a highly effective non-pharmalogical intervention to stimulate and contribute to the well-being of those living with dementia and their carers.

Our funding was used to support training sessions for over 100 arts

facilitators in 2018, reaching at least 2,000 people living with dementia and their carers. It was also used to further the 'Reawakening Dorset' work begun in 2017, mapping dementia friendly arts and heritage sites in the Dorset area.

Dementia Dog project with Alzheimer Scotland/ Dogs for Good: £3,000

The Dementia Dog Project is a charitable collaboration between Alzheimer Scotland and Dogs for Good, bringing together leading dementia support services with the provision of specially trained assistance dogs. The project aims to explore and measure a variety of ways that dogs can be trained to empower people with dementia to live as independently and confidently in their community for as long as possible, with a good quality of life.

Our donation went towards the advanced stages of training of their second Dementia Community Dog, covering topics such as how to reduce separation anxiety in unfamiliar environments, diffuse tension and help calm someone down, help removing items of clothing, waking someone up to get out of bed and retrieving specific items such as shoes. Once qualified the dog will start to deliver animal assisted intervention visits to improve the lives of people living with dementia, their family and carers. They will also support 'Dog Day' events, bringing together groups of people at all stages of dementia with their carers to enjoy gentle interaction with trained dogs and handlers and participate in dog themed activities (e.g. dog bingo). Participants who attend Dog Days are also linked up to wider dementia support services in their community.

The project is still at a pilot stage and we are excited to be able to support the testing and establishing of a new and innovative approach to improve the quality of life of people who are living with dementia in the community. You can read more about how dogs can help people to overcome specific challenges and enrich lives and communities on the Dogs for Good website: <https://www.dogsforgood.org/how-we-help/>.

Alzheimer's Society: £2,000

The Alzheimer's Society is a national organisation providing information and local support services, research, training, campaigning and awareness raising. They believe passionately that life doesn't end when dementia begins and are there for anyone affected by dementia, including family, carers and friends.

We have supported different areas of the work of the Alzheimer's Society in previous rounds of funding. This donation was used to support Talking Point, Alzheimer's Society's online community facilitating peer support 24 hours a day, seven days a week to people affected by dementia. The Talking Point Community now has over 55,000 members worldwide, providing invaluable support and advice to each other.

As an example of the impact our funds will have had: £2,000 covers the cost of running Talking Point for 4 days, or it could fund 45 expert Q&A sessions where members can ask trained professionals questions on difficult subjects such as dealing with incontinence, financial abuse or insomnia.

Bournemouth University: £1,500

A team from the Faculty of Health & Human Sciences at Bournemouth University have undertaken research (funded by the Burdett Trust for Nursing) to understand how people living with dementia can be best

supported to eat and drink well. The outputs of the research have informed a training film and workbook for care and nursing staff in care homes. Further work is planned to use the knowledge and information gained to develop a new guide on eating and drinking for care-givers and families of people living with dementia.

Our grant was used to support the further development of these resources by funding a research assistant, printing, and dissemination.

Bournemouth University is a Higher Education Corporation created by statute and is an exempt charity, and therefore is not required to register with the Charity Commission.

The remainder of the funds raised in 2017 were carried over to the next funding round due to insufficient suitable projects being identified to award grants to within 2018. These will be distributed, together with the funds raised in 2018, by the end of 2019 or as soon as possible thereafter subject to suitable projects being identified for funding.

Section E Financial review

Brief statement of the charity's policy on reserves

The charity has no fixed overheads or running costs. All income is granted on to other organisations and everyone involved gives their time for free. Therefore, the trustees do not feel it is necessary to hold reserves. This will be kept under review as the charity develops.

Details of any funds materially in deficit

None

Further financial review details (Optional information)

You **may choose** to include additional information, where relevant about:

- the charity's principal sources of funds (including any fundraising);
- how expenditure has supported the key objectives of the charity;
- investment policy and objectives including any ethical investment policy adopted.

Expenditure has supported the charitable objectives of the charity through grants to organisations operating at a national and local (Somerset and the South West) level which raise awareness of dementia and its effects, support people impacted by dementia (patients, families and carers) and carry out research.

Section F Other optional information

N/a

Section G Declaration

The trustees declare that they have approved the trustees' report above.

Signed on behalf of the charity's trustees

Signature(s)	A Turnbull	HMT Wright
Full name(s)	Alison Turnbull	Helen Wright
Position (eg Secretary, Chair, etc)	Secretary	Treasurer

Date 15/10/19



Receipts and payments accounts

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For the period from	01/01/2018	To	31/12/2018
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Section A Receipts and payments

	Unrestricted funds to the nearest £	Restricted funds to the nearest £	Endowment funds to the nearest £	Total funds to the nearest £	Last year to the nearest £
A1 Receipts					
Donations including Gift Aid	8,171	-	-	8,171	27,715
	-	-	-	-	-
	-	-	-	-	-
	-	-	-	-	-
	-	-	-	-	-
	-	-	-	-	-
Sub total (Gross income for AR)	8,171	-	-	8,171	27,715
A2 Asset and investment sales, (see table).					
	-	-	-	-	-
	-	-	-	-	-
Sub total	-	-	-	-	-
Total receipts	8,171	-	-	8,171	27,715
A3 Payments					
Grants and donations paid	22,500	-	-	22,500	7,270
Virgin Giving and MyDonate fees	92	-	-	92	104
Fundraising costs	280	-	-	280	436
	-	-	-	-	-
	-	-	-	-	-
	-	-	-	-	-
	-	-	-	-	-
	-	-	-	-	-
Sub total	22,872	-	-	22,872	7,810
A4 Asset and investment purchases, (see table)					
	-	-	-	-	-
	-	-	-	-	-
Sub total	-	-	-	-	-
Total payments	22,872	-	-	22,872	7,810
Net of receipts/(payments)	- 14,701	-	-	- 14,701	19,904
A5 Transfers between funds	-	-	-	-	-
A6 Cash funds last year end	26,861	-	-	26,861	6,957
Cash funds this year end	12,160	-	-	12,160	26,861

Section B Statement of assets and liabilities at the end of the period

Categories	Details	Unrestricted funds to nearest £	Restricted funds to nearest £	Endowment funds to nearest £
B1 Cash funds	Bank	12,160	-	-
		-	-	-
		-	-	-
	Total cash funds	12,160	-	-
	(agree balances with receipts and payments account(s))	OK	OK	OK
B2 Other monetary assets	Details	Unrestricted funds to nearest £	Restricted funds to nearest £	Endowment funds to nearest £
		-	-	-
		-	-	-
		-	-	-
		-	-	-
		-	-	-
B3 Investment assets	Details	Fund to which asset belongs	Cost (optional)	Current value (optional)
			-	-
			-	-
			-	-
			-	-
B4 Assets retained for the charity's own use	Details	Fund to which asset belongs	Cost (optional)	Current value (optional)
			-	-
			-	-
			-	-
			-	-
			-	-
			-	-
			-	-
			-	-
B5 Liabilities	Details	Fund to which liability relates	Amount due (optional)	When due (optional)
			-	
			-	
			-	
			-	
Signed by one or two trustees on behalf of all the trustees	Signature	Print Name	Date of approval	
	<i>Alison Turnbull</i>	Alison Turnbull	15/10/2019	
	<i>Helena Wright</i>	Helen Wright	15/10/2019	